

DRESS CODE

Dress code is very important in Aerial because of safety concerns. Please abide by these rules each class.

What To Wear:

- **Leggings**
- **Form fitted shirt**
- **Camisole underneath**
- **Leotard underneath or worn as shirt**
- **Hair pulled back and out of face**

What NOT to wear

- **Shorts**
- **Loose clothing**
- **Jewelry of any kind**
- **Loose hair**